

# Combating Burnout

# Radiologist

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We now live in a world where it's nearly impossible to separate work from home – we are always connected to our phones and have access to our emails nearly 24/7. In a recent [study](#), nearly two-thirds of employees reported feeling burned out on the job. What's more, that number has effects on our health care industry – the [Association of American Medical Colleges](#) (AAMC) reported that by 2032, we could expect a possible shortage of 46,900 to 121,900 physicians.

While that range might be startling, radiologists remain a group of healthcare professionals that are also highly susceptible to the risk of burnout. Burnout rates among radiologists range from 45 percent for actual reported cases of burnout to more than 60 percent for those unhappy or dissatisfied with work. One of the biggest factors contributing to radiologist burnout derives from the expected workload and pace of radiologists, as turnaround times for interpretation are constantly dropping. Something as simple as a small increase in imaging can increase the overall risk of burnout.

Fortunately, healthcare professionals – and in this case, radiologists – have the tools they need to help reduce their risk for burnout. Below are a few best practices to follow when combating radiologist burnout.

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